

## Dynamic Neuromuscular Assessment™ Mentorship Program A Note From Joseph Schwartz, Founder DNA™

The Dynamic Neuromuscular Assessment™ Mentorship Program provides participants the opportunity to work one on one with me. The overall goal of the Mentorship Program is to provide consistent support over the span of the program (6 months or a year), so that you can find your greatest potential as a skilled therapist.

The DNA™ Mentorship Program has three distinct phases: Inventory, Acquisition, and Special Project.

### **Inventory**

In this phase, I will help you to take inventory of your practice. This includes exploring the past events in your life that have informed your current world view. You'll examine how those events show up when working with clients. You will evaluate the formal education, continuing education courses, hands-on knowledge, and current skills sets that you have acquired to date. This will inform taking an inventory of what gaps in your toolbox need refining or implementation. Through this inquiry process you will better understand what direction you would like to take your professional practice. Further, if you don't have a personal practice that supports your professional practice -- you'll learn how to incorporate one into your life.

The Inventory phase ensures that your mentorship program is tailored to your needs as a practitioner.

### **Acquisition**

This is the gathering stage of the program. You'll work with me to gather the skill set you need in order to become the practitioner you envision. One highly potent learning opportunity is the option to bring your clients into our sessions. Another learning opportunity is discussing and analyzing client case studies. Development of your clinical assessment process and client interaction are a primary aspect during the acquisition phase of the mentorship program.

### **Special Project**

This is the opportunity for you to take your practice in a direction that inspires you. That inspiration will become the niche that sets you apart from other practitioners. This may look like a program for a specific group of clients. One example is a former participant created a program for bicyclists; cycling was her passion and her community needed this boutique program. Another mentee, created a health related gift box program; generating residual income for her and connecting her customers to fun and healthful products each month.

My greatest wish for participants in the mentorship program is to realize their own personal unique potential, to expand their scope of knowledge, and to share that with the world in safe and potent ways. The mentorship is designed to help you grow; and I will be your personal guide along the way. I'm happy to meet with you to discuss if the Mentorship Program is a good fit for you at this time.